

Frequently asked questions

Q.

Can I bring along twins or triplets?

A.

Yes, twins or triplets are very welcome to come along to our classes - just get in touch with your local Rhythm Time Office and they can tell you all you need to know.

Q.

Can Dad/ grandparents/ friends come?

A.

Yes, everyone is welcome to get involved in the child's life, if parents are happy with this.

Q.

How do I book the classes?

A.

It's so easy! Contact your nearest school and the teacher will explain how to book.

Q.

How much are your classes?

A.

Our costs are very competitive and vary slightly depending on where you are in the country and also what sort of payment plan you book e.g. pay as you go or direct debit (Typically a class can cost between £5 and £8).

Q.

What happens if I miss a class?

A.

That's not a problem - you can do a 'make-up class'. Just discuss this with your local Little Movers and Shakers teacher

Q.

Do I have to enrol my child at the beginning of a term or are you flexible?

A.

Yes, we are flexible, and you can enrol your child at any time during the term. You can be assured of a warm welcome from us all whenever you join.

Q.

Do I have to pay for the whole term?

A.

No, you have different payment options. Please ask your local teacher.

Q.

When are the classes run?

A.

Classes are normally run during term time within school hours, but we also offer some Saturday and Christmas classes.

Q.

How long are the classes and how long is each term?

A.

Your little one can concentrate for only a short time so we have action packed half hour classes with lots of short duration activities and free playing after the class. So in total each class is an hour.

Q.

What is the course content?

A.

Q.

What course would be best for my child?

A.

Our age ranges are very flexible. Each child is an individual and develops at a different rate. Babies and toddlers move up to the next class when their parent and class leader think they're ready. Therefore for your child to get the best out of their Little Movers and Shakers experience, we offer three flexible, age-appropriate courses:

Baby sensory Course (birth to 12 mths)

Toddlers (10 mths - 24 mths - babies can move up to toddler before if ready)

Pre-schoolers (up to 3 years - again, toddlers can move up to pre-school if ready)

Also, our courses cover all the EYFS (Early Years Foundation Stage)

Q.

I would like to join the team. What do I do next?

A.

We currently have opportunities across the company for new Little Movers and Shakers Business Owners and Class Leaders. For more information please email the founder Neringa Nomeikiene nelly.lms@yahoo.com

Q.

What if my child has additional needs?

A.

We welcome every child in our classes and we recommend that you come along to see the incredible benefits first-hand - our courses are suitable for everyone and they can provide enormous benefit to each and every child.

Q.

What do I do if my baby falls asleep during class?

A.

Don't worry about this because your baby's brain is active even when asleep. Research shows that what they hear while they are asleep is still very important. Their brains will still be stimulated and processing the sounds of the music and singing that they hear. Plus, you'll be having a great time in class while they sleep!

Q

What if my baby cries all session long?

It's normal for babies to cry in the first few sessions, because they feel overwhelmed, so do not worry about it at all.